

# Confidential Support for Personal & Work/Life Issues

Your EAP+Work/Life Program is a confidential resource provided by your employer or plan sponsor at no cost to you and your eligible family members. Your Licensed Professional Counselors and Work/Life Specialists can help you address a wide range of personal issues, and help you achieve a better work/life balance.

## Who is covered?

Benefit-eligible employees and non-Medicare pensioners, their spouses, dependent children who are currently enrolled in a State of Delaware Group Health Plan, as well as their parents and parents-in-law.



**Expert support,  
24/7**



**Short-term  
counseling**



**Achieve better  
work/life balance**



**Support for stress  
and depression**



**Access financial/  
legal resources**



**Access to a secure  
work/life website**



**Locate eldercare  
and childcare**



**Address drug and  
alcohol abuse**

**HealthAdvocate**<sup>SM</sup>



**800.343.2186**

Email: [EAPinfo@HealthAdvocate.com](mailto:EAPinfo@HealthAdvocate.com)  
Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

Log In: Enter "State of Delaware" as your organization.

Download the app today!



©2017 Health Advocate HA-sEM-1711021-16FLY

▼ **Cut and fold your wallet cards below!**



**Exclusively for State of Delaware  
Group Health Plan Members**

- Relationship issues
- Emotional problems
- Family/parenting
- Childcare
- Eldercare
- Financial

**800.343.2186**

Email: [EAPinfo@HealthAdvocate.com](mailto:EAPinfo@HealthAdvocate.com)  
Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

Log In: Enter "State of Delaware" as your organization.

©2017 Health Advocate



**Exclusively for State of Delaware  
Group Health Plan Members**

- Relationship issues
- Emotional problems
- Family/parenting
- Childcare
- Eldercare
- Financial

**800.343.2186**

Email: [EAPinfo@HealthAdvocate.com](mailto:EAPinfo@HealthAdvocate.com)  
Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

Log In: Enter "State of Delaware" as your organization.

©2017 Health Advocate

